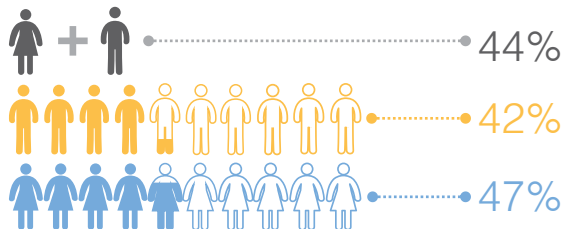




Capital	Buenos Aires
Population	44,494,502
Urban Population	91.9%
Life Expectancy	77
Gini index for income inequality	0.41
Human Development Index	0.825
Literacy Rate	99.1%
Deaths from non-communicable diseases	81%

World Bank income category **Upper middle income**

Physical Activity Prevalence



18+ Encuesta Nacional de Factores de Riesgo, 2019

Percentage of Deaths due to Physical Inactivity



In Argentina **13.6%**

worldwide, % of deaths due to physical inactivity = **9%**

This Country Card is part of the 2nd Physical Activity Almanac (free resource on the GoPA! website)

For a description of the indicators and data sources visit: www.globalphysicalactivityobservatory.com/country-cards

Policy and Surveillance Status

National physical activity policy/plan Yes No

Title

- Programa Nacional de Lucha contra el Sedentarismo 2013;
- Ley Nacional de lucha contra el sedentarismo 2015;
- High-level regional consultation of the Americas against NCDs and obesity 2011;
- Estrategia Nacional de Prevención y Control de Enfermedades no Transmisibles 2013;
- Plan of Action for the Prevention and Control of Noncommunicable Diseases in the Americas 2013-2019.

National recommendations Yes No

National survey(s) including physical activity questions Yes No



Surveys and instruments used to assess physical activity

Encuesta Nacional de Factores de Riesgo - ENFR 2005, 2010, 2013, 2018, 2019 (IPAQ short version);

National health monitoring system Yes No

Physical activity
Sedentary behavior (i.e. sitting time)

Name(s)

Instituto Nacional de Estadística y Censos: Encuesta Nacional de Factores de Riesgo

Physical Activity Research

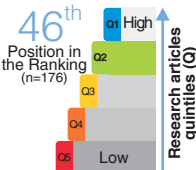
0.31%

74

46th

Contribution to physical activity research worldwide from 1950-2019

Total number of articles from the country from 1950-2019



Sedentary Behavior (Sitting Time)



Total Sitting Time = hrs/day

Daily Sitting Time Global Tertile



Physical Activity Promotion Capacity Pyramid



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